

# ANNUAL REPORT



**2017 - 2018**

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**ARYA MAHILA P. G. COLLEGE**

**CHETGANJ, VARANASI**

Admitted to the privileges of Banaras Hindu University, Varanasi  
College with Potential for Excellence

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## ABOUT COLLEGE

Arya Mahila P.G. College was founded and is managed by Shri Arya Mahila Hitakarini Mahaparishad. College was established in 1956 by the efforts of Smt. Vidya Devi Ji, disciple of Shri Gyananand Maharaj Ji who laid the foundation of Bharat Dharma Mahamandal to promote the cause of women in the field of education and to preserve Indian culture and human values. Situated in the heart of Kashi at Chetganj, the college has been admitted to the privileges of Banaras Hindu University since its inception.

Arya Mahila P.G. College endeavours to provide comprehensive, meaningful and relevant education to girls so that they could become intellectually enlightened, morally upright, socially aware and spiritually awakened as every girl has the potential and is the light of world and the pride of human race.

As a result of multi-dimensional progress, dynamic leadership and academic excellence the NAAC (National Assessment of Accreditation Council) has conferred "A" grade to the college in the academic session 2012-2013. In Session 2015-16 College has achieved status of "**College with Potential for Excellence (CPE)**" by UGC. College runs 02 vocational courses under the banner of **Community College** (UGC).

## **PRESIDENT'S MESSAGE**

My message to the Principal, Staff, Students and esteemed Parents of Arya Mahila P.G.College, Varanasi admitted to the privileges of Banaras Hindu University governed by Shri Arya Mahila Hitkarini Mahaparishad, is to dedicate this year to a correct understanding of what education means and let us all benefit from this understanding.

The college is the most preferred place among the students who seek quality higher education. The global standard maintained in infrastructure and pedagogy is commendable. The stimulating and challenging learning atmosphere makes the college unparalleled. We strive for excellence in everything we do. We provide a learning environment that allows every student to thrive as an individual. Excellent performance is not an exception but an expectation at High.

We value collaborative learning, positive relationships and building capacity amongst our students to effectively allow them to engage in the world of the future, where problem-solving, evaluating, working in teams, communicating, creating and innovating are not only valued concepts, but expected skills, attributes and capabilities.

To quote former President of India Mr Abdul Kalam, "All Birds find shelter during a rain. But Eagle avoids rain by flying above the Clouds."

## **MANAGER'S MESSAGE**

Somewhere, something incredible is waiting to be known." -Carl Sagan

I am privileged to be associated with Arya Mahila P.G. College, Varanasi, which has set itself as a model in the higher education scenario. Established in 1956, the college has made remarkable progress in manner and matter. The exemplary and dedicated faculty is a great asset to the institution. Our mission is to provide outstanding education and inspire our students to engage in both academic and enriching extra-curricular programmes.

Our curriculum develops student learning and understanding, a culture of thinking, inquiry and reflection, resilience and independence, always focused upon improving the whole personality and tomorrow's responsible citizens. Our students actively participate in youth programmes, debate and a wide range of competitive and sporting events, service-learning and outdoor activities.

"I wish the institution to grow more as a centre of excellence".



## **PRINCIPAL'S MESSAGE**

“Arya Mahila P.G. College established in the year 1956 and admitted to the privileges of Banaras Hindu University in the year 1958, was a dream envisioned by its founders Smt. Vidya Deviji an able disciple of Swami Gyananand Maharaj Ji. The guiding principle of the college remains the empowerment of the girl child through holistic education and to promote the over all development of the personality of the students to meet the global challenges. As a Principal of this esteemed institution, I take great pride in humbly dedicating my services in taking college to greater heights.”

## **FOUNDATION DAY**

**Shri Arya Mahila Hitkarini Mahaparishad** celebrated its 98<sup>th</sup> foundation day on 14<sup>th</sup> Dec. 2017 in which all the educational institutes of Mahaparishad participated. Honourable Prof. Aniruddha Singh Yadav, President, U.P. Public Service Commission, Govt. of India was the chief guest of the function and Shri Vishal Singh, Secretary, PWD was the chairperson on the occasion. Dr. Shashikant Dikshit, the General Secretary presented Annual Report and all the educational institutes of the Mahaparishad presented colorful cultural programmes in the evening.



## **REPUBLIC DAY**

Shri Arya Mahila Hitkarini Mahaparishad celebrated Republic Day on 26<sup>th</sup> Jan. 2018 in which all the educational institutes of Mahaparishad participated. The educational institutes of the Mahaparishad presented colourful cultural programmes on the occasion.





## **INDEPENDENCE DAY**

Shri Arya Mahila Hitkarini Mahaparishad celebrated Independence Day on 15<sup>th</sup> Aug. 2017 in which all the educational institutes of Mahaparishad participated. The educational institutes of the Mahaparishad presented cultural programmes on the occasion.



## **BASANT PANCHAMI**

Shri Arya Mahila Hitkarini Mahaparishad celebrated Saraswati puja on 22<sup>nd</sup> Feb. 2018 in which all the educational institutes of Mahaparishad participated. The institutes presented cultural programmes on the occasion.





## **JANMASHTAMI**

Shri Arya Mahila Hitkarini Mahaparishad celebrated Shri Krishna Janamashtami on 14<sup>th</sup> August 2017 to commemorate the birth anniversary of Maharshi Shri Gyanananad Ji in which all the educational Institutes of Mahaparishad participated and presented colorful cultural programmes on the occasion.



# VIDYANJALI

On 10<sup>th</sup> July 2017, the Department of Hindi organized a Seminar on the occasion of Birth Anniversary of Smt. Vidya Deviji 'Vidyanjali' at Arya Mahila PG College. On this occasion chief guest Prof. A.N. Tripathi, Director, MMA Kendra, BHU delivered a lecture on 'Naitik Mulya aur Sadachar'. College News letter 'Darpan' Released on this occasion.





## **MEDHA SANSKRITIK SANKUL**

Youth Festival (Medha Sanskritik Sankul) is an inter-faculty cultural event. This youth festival was a brilliant blend of events on Theater, Dance, Music, Literature and Fine Arts. More than 300 students from different disciplines participated in various competitions like Oratorical, Drawing, Rangoli, Quiz, Singing, Essay Writing, Poem Writing, Speech etc. This year, it was organized from 22<sup>nd</sup> to 24<sup>th</sup> Feb. 2018.







## **EDUCATIONAL TOUR**

Twenty-two students of post-graduation Department of A.I.H.C.& Arch. visited Jnana Pravah, Center for Cultural Studies and Research on 17/03/2018 along with the faculties of the Department.



## **ATTEND WORKSHOP**

Ten students of B.A Department of AIHC & Arch. attended a workshop jointly organized by VKM & INTECH on 27/10/2017 along with the faculty members.





## **LECTURE**

The Department of AIHC & Arch. organized a lecture on the topic “**HISTORICITY AND IMPORTANCE OF BUDDHIST COUNCIL IN INDIA**” on 26<sup>th</sup> October 2017. Total 175 students participated in this program. Dr. Arpita Chatterjee (Associate Professor, Department of AIHC, BHU) was the main speaker of this lecture.



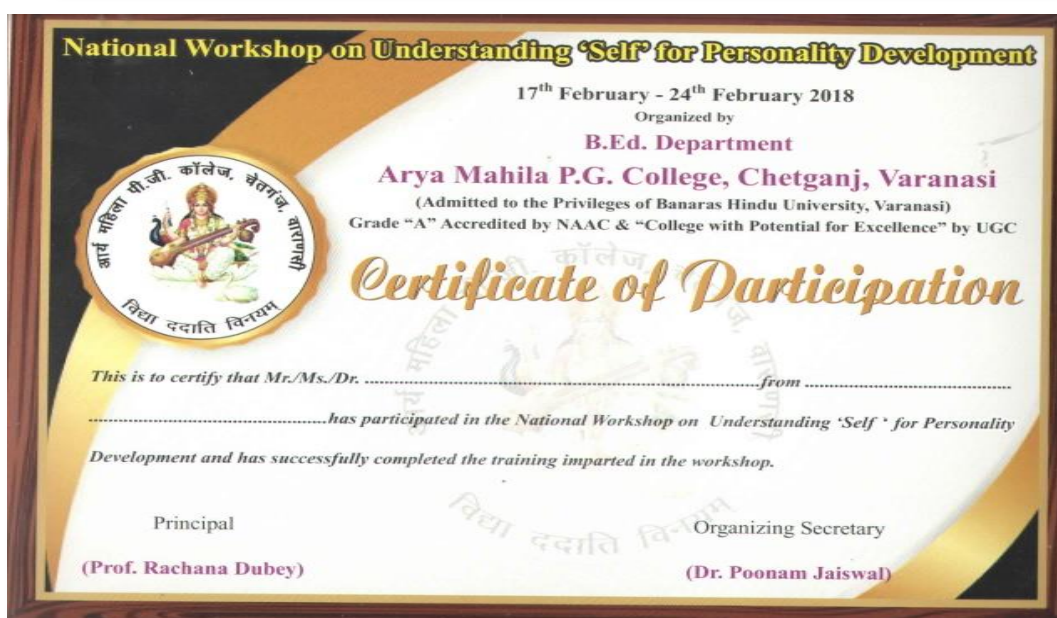
## **LECTURE**

A One-day Lecture was organized by the Department of AIHC on the topic “**ABHILEKHO KA SANSKRITIK MAHATTAVA**” on 23<sup>rd</sup> March 2018 in the college auditorium. Total 135 students participated in this lecture. Prof. D. P. Dubey, Department of AIHC & Arch., Allahabad University was the main speaker of the lecture.



## **NATIONAL WORKSHOP**

An Eight-day national workshop on “**Understanding Self for Personality Development**” was organized by the Department of Education from 17<sup>th</sup> February to 24<sup>th</sup> February 2018. It was organized in 16 sessions. Prof. H. C. S. Rathore, Vice Chancellor of Central University of South Bihar was the Chief Guest and Prof. R. P. Shukla, Head and Dean, Faculty of Education, BHU was the Special Guest in this workshop. Prof. Kalpalata Pandey, Department of Education, MGKVP, Mr. Anupam Raghuvanshi, Speaker and Director TIME, Varanasi, Mr. Sanjay Sharma coordinator, Art of Living Centre, Varanasi, Dr. Ratneshwar Gupta, Prof. Sunil Kumar Singh, Dr. Reeta and faculty members of the department were the speakers of various sessions. Total 63 students participated in this workshop.





## **NUKKAD NATAK**

Students of B.Ed performed Nukkad Natak at Assi Ghat (bank of Ganges) on 28<sup>th</sup> Jan 2018 on the theme ‘Clean India & Digital Payment Awareness’ in order to make the public aware about both the campaigns.



## **A VISIT TO RAJKIYA MAHILA VRIDHASHRAM**

To sensitize the students on social issues and develop holistic approach, the students of Education Department along with the faculty members visited Rajkiya Mahila Vridhashram on 29<sup>th</sup> Jan 2018.



## **SCOUT/GUIDE PROGRAMMES**

A Five-day Scout/Guide programme is organized every year as per requirement of B.Ed. curriculum. This year, a total no. of 55 students participated in this scout/guide camp.



## **EDUCATIONAL TOUR**

The Department of B.Ed. organized an educational tour to Agra and Delhi from 6<sup>th</sup> to 10<sup>th</sup> Feb. 2018.





## WORKSHOP

A five-day workshop was organized by the Placement Cell of college on “Professional Employability Skill” from 02/04/18 to 06/04/18.

## LECTURE

The Department of Education organized a special lecture on the topic “Perspective of National Curriculum” on 6<sup>th</sup> Sept. 2017, the chief guest of this lecture was Prof. B.K. Tripathi, Director, IUCTE, BHU.

## LECTURE

The Department of Education organized a lecture of Prof. R. P. Shukla, Head and Dean, Faculty of Education, BHU on the topic “Teaching: Different Aspects” (11/10/17).

## SWACHHATA PAKHWARA

The Department of Bengali organized fifteen-day Swachhata Pakhwara to promote Swachh Bharat from 1<sup>st</sup> September to 15<sup>th</sup> September 2018. As it is an HRD Ministry Programme, the Department decided to clean campus & organized slogan-writing competition. 100 students of the Department participated in it. After completion of the program Mr. Neelkanth Tiwari (Minister of U.P Government) awarded them with quick appreciation certificate.



## ESSAY WRITING COMPETITION

All India essay writing competition was organized by Sri Ram Chandra Mission (SCRM) and United Nation Information Center for India & Bhutan (UNIC) Varanasi for all round development of the students. The Department of Bengali organized various competitions. These are Outreach programs for the college students. Akhil Bhartiya, All India Essay competition is held every year in our college since 2013. This year the topic of essay was “**Gyan ka sbse bada Shatru Agyanta nahi balki Gyanka Bhram hai**”. 03 teachers were present and 15 students participated in this essay competition.



## NATIONAL SEMINAR

A Two-day National Seminar was organized by the Department of Bengali from 6<sup>th</sup> to 8<sup>th</sup> April 2018. Lectures were delivered by Prof. Shishir Kr. Singh, Tripura University on 6<sup>th</sup> April, 2018 & Prof. Mukul Bandyopadhyay, Bihar University on 7<sup>th</sup> April, 2018.





## **STORY BASED POSTER COMPETITION**

It is an innovative idea of the Department of Bengali to develop interest & talents of creative writing & ability of the students of different departments. The Department organized a story based poster making competition on 18/09/2017 on the occasion of Gaganendra Nath Thakur's 150<sup>th</sup> birth anniversary.



## **BIRTH ANNIVERSARY OF NETAJI SUBHASH CHANDRA BOSE**

The Department of Bengali celebrated Netaji Subhash Chandra Bose's birth anniversary on 23/01/2018 to foster strong patriotism in students and to stabilize the moral responsibility towards the Nation. The programme was attended by 30 students.

## **MATRI BHASHA DIWAS**

The Department of Bengali organized a lecture and cultural event on the occasion of International Mother Language Day on 21/02/2018.



## **LITERARY QUIZ**

The students of MA (Final), MA (Prev.) & B.A. (Third Year Hons.) from Department of English were taken to BHU for Annual Literary Quiz 2017-18, organized by the Department of English (Main Faculty) BHU. Three students – Aindrilla Das, Anuradha Debnath -MA (Prev.) and Soumya Kashyap (M.A.– Final) participated in the event on 21<sup>st</sup> Oct. 2017.



## **INDUSTRIAL TOUR**

The students of MA Final (Economics) were taken to Chiraigaon, Varanasi, where the rural women run Self Help Group Community. Under this community Acchar, Papad and Murabba etc. are made by them & faculty members visited the place along with 35 PG students on 10<sup>th</sup> April 2018.



## **EDUCATIONAL TOUR**

PG students of the Department of Economics were taken for Excursion Trip to Sitamarhi on 11<sup>th</sup> March 2018 with 65 UG and PG students.



## **LECTURE**

The department of Economics organized a Lecture on the topic “**Financial Market**” on 22<sup>nd</sup> September 2017 by Prof. Ravindra Hulyalkar, Financial Consultant, Pune.





## **SPECIAL LECTURE**

The Department of Economics organized a special lecture on “**Research Methodology and SPSS**” was conducted on 20<sup>th</sup> October, 2017 of Dr. Amitabh Patnayak, DY Patil Institute, Pune.

## **SPECIAL LECTURE**

The Department of Economics organized a Guest lecture on “**Environment Issues in Indian Economy**” delivered by Prof. Mrityunjay Mishra, Dept. of Economics, BHU on 6<sup>th</sup> April 2018.

## **LECTURE**

The Department of Economics organized a lecture on “**Money and Growth**” delivered by Prof. Rakesh Raman, Dept. of Economics, BHU on 20<sup>th</sup> April 2018.



## **LECTURE**

The Department of Economics organized a Special Lecture on “**Impact of LPG on Indian Economy**” delivered by Prof. N. K. Mishra, Dept. of Economics, BHU on 28<sup>th</sup> April 2018.

### **BLOOD DONATION CAMP**

The Department of English organized a Blood Donation Camp on 16/09/2017 for students and Teachers of the college. Our Principal Prof. Rachana Dubey along with the few teachers donated blood and encouraged the students to do the same. Fifty Units of blood had been donated to SSPG Hospital, Kabirchaura, Varanasi.

### **ENGLISH ESSAY COMPETITION**

The Department of English organized an English Essay Competition under **Swacchata Pakhwara** on 12/09/2017. Seventy students from different disciplines participated in it.

### **EDUCATIONAL TOUR**

The Department of English organized an Educational tour to **Kiran Society** Madhopur near Shooltankeshwar, Varanasi on 02/02/2018 in which 45 students participated.



## **EDUCATIONAL TOUR**

On 23<sup>rd</sup> March 2018, the Department of Hindi organized an Educational tour to **Jnana Pravah**, Varanasi in which 17 students participated.



## **MUNSHI PREM CHANDRA JAYANTI**

On 3<sup>rd</sup> Aug. 2017, the Department of Hindi celebrated Munshi Premchand Jayanti. On this occasion the main speaker was Kamlesh Bhatt Kamal, Additional Commissioner, Commercial Tax, Varanasi, who spoke on literature of Premchand and Haiku (a Japanese form of poetry).

## **ESSAY WRITING COMPETITION**

On 6<sup>th</sup> Sept. 2017, an Essay Writing Competition on 'New Techniques of Cleanliness' was organized for the students under **Swachatta Pakhwada** by department of Hindi.

## **HINDI DIWAS**

The department of Hindi celebrated Hindi Diwas from 14<sup>th</sup> to 21<sup>st</sup> September 2017 & organized different competitions on this occasion such as Poetry recitation, Speech, Essay writing, Painting & Debate etc. .



## **NATIONAL SEMINAR**

On the occasion of 106<sup>th</sup> Birth Anniversary of Rudra Kashikay the Department of Hindi organized a National Seminar on 22/09/2017.



## **NATIONAL SEMINAR**

A National Seminar on **Veerangana Laxmibai Smriti Samman** was organized in College auditorium on 17<sup>th</sup> November 2017 by the Department of History and Sanskrit Bharti Foundation on the topic **“Laxmibai Ki Sangharsh Yatra: “Manikarnika Se Phoolbagh tak”**. The Seminar was organized on the occasion of Birth anniversary of Rani Laxmibai.. The main Speaker was Prof. Arvind Joshi, Department of Sociology, BHU. He delivered a talk on struggle and birthplace of Rani Laxmibai. Next Speaker was Prof. Binda Paranjape, BHU, highlighted the authentication of Laxmibai’s Birthplace. In the Memory of Rani Laxmibai, People were rewarded with ‘Laxmibai Bravery Award’ for their commendable steps & praise worthy works in the different fields of welfare. Prof. Rachana Dubey, Principal, AMPGC, Dr. Shashikant Dixit, Manager, AMPGC, K. Shukla, Ex-D.I.G.P.C.R. along with the teachers from different disciplines & students were present.





## SEMINAR

The Department of History organized a one-day Seminar in the College Auditorium on the topic “Rani Laxmibai Ki Janmtithi evam Janmsthan per Yuva Jagran Abhiyan” on 7/02/2018. The Chief speaker was Prof. Binda Paranjape, BHU gave a specific view on the Biography of Rani Laxmibai and tried to clear the perception of those who had contradictory views regarding the Birthplace & Birthdate of Rani Laxmibai. Prof. Rachana Dubey Principal, AMPGC along with the teachers and students was present there.

### लक्ष्मीबाई पर व्यापक शोध की जरूरत

वाराणसी | कार्यालय संवाददाता

इतिहास में तारीखों की विसंगति इस बात को प्रमाणित करती है कि स्वातंत्र्योत्तर भारत में भी रानी लक्ष्मीबाई की संघर्ष गाथा उपेक्षा की शिकार है। रानी लक्ष्मीबाई पर सभीचीन और ऐतिहासिक संदर्भों के पुनर्प्रकाशन में समर्थ व्यापक शोध की आवश्यकता है। ये बातें संस्कृति भारती और आर्य महिला पीजी कॉलेज की ओर से शुक्रवार को आयोजित रानी लक्ष्मीबाई की संघर्ष गाथा: मणिकर्णिका से फूल बात तक विषयक संगोष्ठी में वक्ताओं ने कहीं।

कार्यक्रम का शुभारंभ अतिथियों के लक्ष्मीबाई, विद्या देवी और स्वामी ज्ञानानन्दजी महाराज के चित्र पर माल्यापण से हुआ। मुख्य अतिथि पूर्व डीआईजी पीएससी आरके शक्ल ने



अतिथियों का स्वागत प्राचार्य प्रो. रचना दुबे ने किया। कार्यक्रम में विशिष्ट अतिथि प्रो. कौशल किशोर मिश्र, बीएचयू में समाजशास्त्र के विभागाध्यक्ष प्रो. अरविन्द जोशी ने भी विचार व्यक्त किये। संचालन प्रो. अनिता सिंह व धन्यवाद ज्ञापन उपेन्द्र विनायक सहस्रवृद्धे ने किया।

इनका हुआ सम्मान: प्रियदर्शिनी तिवारी, स्मृति मिश्रा, डॉ. शारदा सिंह, अनिता सिंह, सुमन पाठक, साधना वेदांती, मीरा बोहरा, काशी पत्रकार संच, आर्य महिला हितकारिणी महापरिषद, डॉ. कामेश्वर उपाध्याय, प्रकृति भागवत, किरण यादव, डॉ. लक्ष्मी सिंह, किरण त्रिपाठी, शशि दुबे, डॉ. वंदना सिंह, डॉ. कुंचर साहनी, डॉ. मुक्ता पाण्डेय और डॉ. प्रियंका पाण्डेय को मानपत्र, लक्ष्मीबाई का चित्र, तलवार और कटार देकर सम्मानित किया गया।

आर्य महिला कॉलेज में बोलती प्रो. बिंदा परांजपे महारानी लक्ष्मीबाई पर व्यापक शोध के लिए आयोजक संस्थाओं की ओर से सार्थक प्रयास का आश्वासन दिया। मुख्य वक्ता बीएचयू इतिहास विभाग की पूर्व विभागाध्यक्ष प्रो. बिंदा परांजपे ने कहा कि रानी का जन्मस्थल मणिकर्णिका चाट होना संदर्भ प्रमाणित है। लक्ष्मीबाई के स्वतंत्रता आंदोलन में योगदान के सामयिक विश्लेषण की आवश्यकता है।

## LECTURE ON RESEARCH METHODOLOGY

The department of History organized an Academic Discourse in the New Lecture Hall for the P.G Students on 10/02/2018. Dr. Upendra Vinayak Sahastra Buddhe, Coordinator, Sanskrit Bharti, delivered a lecture on different aspects of “Research Methodology”.



## **SHORT PLAY**

The students of the Department of History presented a 'Short Play' at Rajendra Prasad Ghat on 18/03/2018. The play gave the message of women-empowerment and focused on the Personalities of Peshwa Bajirao & Rani Laxmi Bai. The Students displayed the gallantry of Rani Laxmi Bai, her childhood days, her marriage life, her life struggle through the short play. The play depicted social harmony & valour, both sides of her life.

## **NATIONAL NUTRITION WEEK**

National Nutrition Week is celebrated each year from 1<sup>st</sup> September to 7<sup>th</sup> September to make people aware about importance of their health and well-being. Through the National Nutrition Week campaign people from all over the world can be educated to maintain their look and feel better. The campaign was first started by the central government in the year 1982 in order to encourage the good health and healthy living through the nutrition education as malnutrition is the main obstruction National Development. To encourage the people for the same, the Food and Nutrition Board including 43 units (departments of women and child development, health and NGOs) is working all over the country to maneuver the activities. The theme of NNW 2017 was "Optimal infant and young child feeding practices: better child health". National Nutrition Week (1-7 Sept. 2017) was celebrated with Healthy Tiffin making competition, poster making and slogan writing competition by Department of Home Science. 87 Students actively participated in this celebration.



## **DEBATE COMPETITION**

A debate competition on the topic “Awareness of Hygiene and Sanitation among the people” was organized in the Swachhata Pakhwada on 11<sup>th</sup> Sept. 2017 by Department of Home Science. 18 students participated in it.



## **LECTURE**

The Department of Home Science organized a one-day lecture delivered by Dr. Neelam Ohri on ‘Polycystic Ovarian Disease and its Management’ on 4<sup>th</sup> Oct. 2017. 156 students participated in it.





## WORKSHOP

A one-day workshop on “Arti Thal and Diya Making” was organized on 14<sup>th</sup> Oct 2017 by Pidilite.



## EXHIBITION

An exhibition on articles made by Home Science Students was organized on 27<sup>th</sup> April 2018. 200 students participated in this event.



**आर्य महिला पीजी कॉलेज में प्रदर्शनी**

### हस्तकला प्रदर्शनी में निखरे विविध रंग

वाराणसी। आर्य महिला पीजी कॉलेज में छात्राओं का हुनर देखते रंग। यहां आयोजित प्रदर्शनी में हस्तकला के विविध रंगों का नमूना देखने को मिला। बेकार पड़ी चीजों से छात्राओं ने ऐसी बेहतरीन कलाकृतियां तैयार की कि लोग देखते रह गए। वॉल हैमिंग से लेकर कूशन कवर, प्लावर पॉट, कपड़ों से बने रंग विज्ञान फूल मोटक अंदाज में नजर आ रहे थे। प्लास्टिक के कप, अखबार से बेहतरीन कलाकृतियों का सवाह यहाँ देखने को मिला। टेक्सटाइल की छात्राओं ने डिजाइनर कपड़ों के साथ टाई एंड डाई का बेहतरीन नमूना पेश किया। राजस्थानी, बांधनी, बॉटिक प्रिंट के दुपट्टों के साथ ही लहंगे, साड़ियों को छात्राओं ने बेहतरीन ढंग से प्रदर्शित किया। क्रीडिया के बने टेबल क्लॉथ, पिरो कवर भी खास थे। प्रदर्शनी का उद्घाटन प्राचार्य प्रो. रचना दुवे ने किया। डॉ. प्र. मंजु मेहरा, डॉ. त्रुचा मिश्रा, डॉ. दीपिका बरनवाल, दिव्या बाजपेयी, कांयत, अनुसंधान आदि मौजूद रही। व्यूरो

## **SKILL DEVELOPMENT WORKSHOP**

A three day (5-7 Feb, 2018) skill development workshop on embroidery and stitching was organized by the representatives of Usha Sewing Machine (Mr. G.C. Dubey and Mr. Radheshyam).



A one-day workshop was organized by the Department of Home Science on the occasion of “**World Health Day**” (7<sup>th</sup> April 2018). The theme of World Health Day 2018 was “**Universal Health Coverage: Everyone Everywhere**”. In the first session Dr. J.P. Mishra (Diabetes Educator) delivered a lecture on “Diabetes: prevention and care”, in the second session students enjoyed aerobics by Miss Kirtishikha (Aerobics Instructor). Third session was started with tips of mediation by Mr. Sanjay Sharma (Meditation Teacher, Art of Living Center, Varanasi). Students and faculties did meditation and got relaxed during this session.





## **ONE YEAR “CUTTING AND TAILORING” FREE DIPLOMA COURSE**

To make women independent, one year “Cutting and Tailoring” free diploma course was run by Kashi Annapurna Anna Kshetra and Department of Home Science. Distribution of Sewing Machines and Certificates to diploma holder candidates organized on 15<sup>th</sup> May 2018. 112 Students were benefited by this.



## **EDUCATIONAL TOUR TO KIRAN SOCIETY**

The Department of Home Science organized an Educational tour to Kiran Society, Madhopur, Varanasi on 7<sup>th</sup> March 2018 in which 34 students participated. Through their rehabilitation, education, and vocational skills training programs, they bring holistic empowerment to the children serve in Varanasi area. This mission emphasized on individualizing rehabilitation plans, small classrooms, family involvement, and sustainability with continuous opportunities for students to expand their independence. The purpose of tour was to introduce this society with the students of AMPGC.



## **WORLD WATER DAY**

The Department of Home Science celebrated World Water Day (22 Mar 2018) with **Poster Making Competition**. 22 students participated in it.



## **COURSE ON COOKING AND BAKING**

The Department of Home Science organized one month certificate course on Cookery and Bakery at Arya Mahila PG College from 01-30 September 2017, in which 81 students participated in this workshop. Resource Person was Mrs. Asha Roonier, Coordinator, Food Preservation Center, Bhojubeer, Varanasi.

## **VISIT**

Students of Home Science visited an exhibition “SUI DHAGA” organized by Vasant Kanya Mahavidyalaya, Kamachha, Varanasi on 11<sup>th</sup> April 2018. 25 Students participated in this event.





## VISIT

The Department of Music Instrumental organized an Educational tour to BHU and visited Pt. Lal Mani Mishra Vadya Sangrahalaya (B.H.U. Museum) on 26<sup>th</sup> April 2018. 10 students were taken there along with the faculty members.



## WORKSHOP

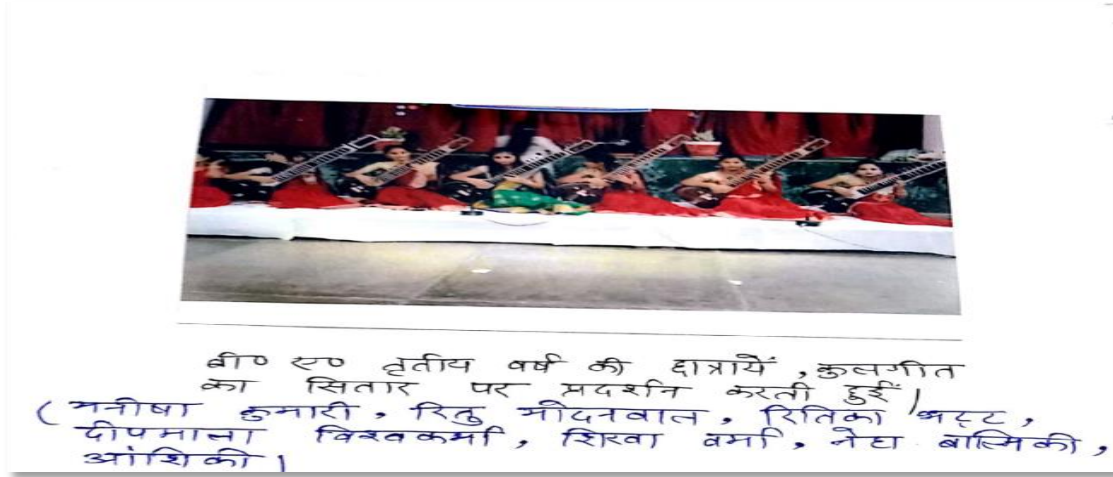
The Department of Music and Instrumental organized a Workshop on **Tantrinaad** at Arya Mahila PG College from 21 to 22 September 2017 in which 35 students participated.





## KULGEET ON SITAR

The department of Music Instrumental organized an Inner Wheel Programme titled “**Kulgeet on Sitar**” on 11<sup>th</sup> October 2017 at Arya Mahila PG College, in which 7 students participated.



## SEMINAR

The department of Music Instrumental and Music Vocal Jointly organized a one-day Workshop on “**Adhunik Samaj evam Bhartiya Sangeet**” at Arya Mahila PG College, on 20<sup>th</sup> March 2018 in which 50 students participated.



## **LECTURE**

Ramshankar, Assistant Professor of Banaras Hindu University delivered his lecture on 15/02/2017. He presented different forms including Dhrupad Shaili, Bada Khayal and Chhota Khayal. Then he presented a song in Thumri Shaili. After this he presented tappa, kajri, hori and other forms of semi classical music. He gave a brief description of all these forms of semi-classical music before singing them. He showed his versatile talent and presented songs in classical and semi classical forms of music. He delivered a lecture in which he told the students that North India specially Varanasi, Lucknow and Allahabad had many renowned and talented music maestros and divas who used to sing dhrupad, dhamar, khayal, thumri, tappa, chaiti, kajri and holi songs. Students were benefitted as they were able to learn different forms of classical, semi classical music in a short duration and in a precise manner. They also became familiar with intricacies and integrities of each form which helped them to enrich their knowledge base.

## **A TRIBUTE TO THE MUSICAL DIVA GIRIJA DEVI**

Department of Music Vocal paid tribute to musical diva Girija Devi. The opening ceremony started with Mangalacharan presented by students of Music Department (vocal). Smt. Mamta Sharma disciple of Girija Devi presented melodious Thumri and Dadra. The introduction and garlanding of Smt. Mamta Sharma was done by Pt. Kameshwar Nath Mishra. The tribute to the legend was organized by the joint efforts of Music Vocal and Instrumental departments.



## **TOUR**

The students of Music Department (Vocal) of B.A 1st, 2nd and 3rd year were taken on educational tour to Shooltankeshwar temple on 01/04/2018.





## **INDUSTRIAL VISIT**

The Department of Commerce organized a one-day Extension activities at **Paper Mill (Ganga Pulp Pvt. Ltd.) & Parle Factory, Chanduali** on 29/03/2018 in which 83 students participated.



## **QUIZ COMPETITION**

The Department of Commerce organized a quiz competition to create awareness among the students about various upcoming trends in Commerce at Arya Mahila PG College on 01/02/2018.

## **INTERNATIONAL WOMEN'S DAY**

The Department of Commerce organized a cultural event (Nukkad Natak) on International Women's Day at Arya Mahila PG College on 08/03/2018.

A Lively Nukkad Natak was played by the students of Department of Commerce on the occasion of International Women's Day (8<sup>th</sup> March 2018). The aim of this event was "**Beti Bachao, Beti Padhao and Bhroon Hatya**". More than 20 students performed in this event in two segments and 150 students participated in this programme along with five faculty members of the Department.



## **WORKSHOP ON G.S.T.**

A Seven Day workshop on G.S.T.(Goods & Services Tax) a practical training program was organized by Department of Commerce (from 5<sup>th</sup>feb. to 11<sup>th</sup>feb. 2018) in Association with the Institute of Chartered Accountant of India, Varanasi branch of CIRC. The objective of the workshop was to enrich knowledge of the new tax legislation not only theoretically but also practically.

**In Inaugural Session Chief Guest and Guest of honor were Sales tax Commisioner Kamlesh Agrawal, Varanasi and C.A Brijesh Guajarati.**

Several topics were covered in the workshop by the number of C.A.'s of I.C.A.I. Varanasi as a resource person.

(05-02-2018) **C.A. Brajesh Jaiswal**--Brief concept of GST, CGST,IGST,UTGST,SGST)

(06-02-2018) **C.A. G.D. Dubey**—Levy of tax and time of supply of goods and services.

(07-02-2018)**C.A. Sudeshna Basu**—Valuation of taxable supply of rule regarding place of supply of goods and services (including various case laws).

(08-02-2018) **C.A. Ranjeet Pandey**—Registration Laws and Business practices.

(09-02-2018) **C.A. Kamlesh & Nikita Agrawal**—Filing of return and drafting rules on G.S.T. for return.

(10-02-2018) **C.A. Ranjeet Pandey**-- Drafting Rules on G.S.T. for Registration.

11-02-2018)**C.A. ShishirUpadhyay**- Payment of tax and refund on G.S.T.

In Valedictory Session, Chief Guest and guest of honour were Prof. Rajkumar singh (Head and Dean IMS. B.H.U.) and Prof. Banarasi Mishra (Ex. Dean U.P. College, Vns.)





## **EDUCATIONAL TOUR**

The Department of Philosophy organized an Educational tour to Sitamadhi on 02/11/2018 in which 23 students participated.



## **LECTURE SERIES**

The Department of Philosophy organized a Lecture Series on “Nyaya Dristhi Mein Gyan Evam Praman”, “Gandhi Ke Anusar Sat Samajik Paap” at Arya Mahila PG College on 16/02/2018 in which 135 students who actively attended the lecture.



## **LECTURE SERIES**

The Department of Philosophy organized a Lecture Series on Vedant Sahitya, Nyaya Darshan Ke Siddhant at Arya Mahila PG College on 14/03/2018. More than 140 students attended the lecture.



## **NATIONAL SYMPOSIUM**

The Department of Political Science organized National Symposium on “Research Paper Writing” at Arya Mahila PG College on 10/06/2017. Internationally recognized Dr. Anil Kumar Verma (Director, C.S.S.P, Kanpur) was a chief speaker of this program. Prof. Mritunjay Mishra, Economics Department, BHU was chairperson of this symposium.



## **INTER COLLEGE SPEECH**

The Department of Political Science and Rotaract Club organized a Competition on Inter College speech competition on “**How Can We Develop Varanasi as a Smart City**” at Arya Mahila PG College on 6<sup>th</sup> Oct. 2017. More than 49 students participated in this competition.



## **WORKSHOP**

The Department of Political Science and Rotaract Club organized a two day workshop on “**Good Health, Attitude and Vision for a Good Career**” at Arya Mahila PG College from 10<sup>th</sup> to 11<sup>th</sup> March 2018. Mr. Nirmal Joshi (Rotarian, Varanasi) have taken the session on “**Role of Attitude in Career**”. Mr. Sanket Bagla (Director of Career Launcher Coaching, Varanasi) have taken the session on “**How to face Competitive Exam**” and Prof A. K. Srivastava (Roatarian, Varanasi) have taken the session on “**Stress Management**”. 180 participants were present in this program.





## **INTER-COLLEGE SPEECH COMPETITION**

An Inter-College speech competition on ‘How can we develop Varanasi as a smart city’ was organized on 06/10/17 by Rotaract Club in association with Rotary Club Varanasi central.

## **LECTURE**

On 04/04/2018, Disha Foundation and Meri Beti Mera Vaibhav Mission together organized a lecture on “Is Leave Necessary during Periods?” delivered by Shweta Chaudhary (Mrs. Earth 2018) at Hotel Rivataas, Varanasi.

Teachers (Dr. Rajani Chaubey, Dr. Saroj Upadhyay and Dr. Kamini Gupta) of the Department of Political Science, AMPGC, Varanasi presented their views on the topic. Dr. Alka Gupta (Head, Department of Political Science, UP College, Varanasi and Member of Meri Beti Mera Vaibhav Mission), Dr. Rita Singh (SahajYog trainer), Mrs. Ranjana (Director of Disha Foundation, Varanasi) were the main speakers of this event.

## पीरियड्स लीव पर विकसित हो सकरात्मक सोच

■ सहारा न्यूज ब्यूरो

वाराणसी।

दिसा फाउंडेशन और मेरी बेटी मेरा वैभव के संयुक्त आयोजन में 'सरकारी व प्राइवेट संस्थानों में कार्यरत महिलाओं को हर माह पीरियड्स के दौरान दो दिनों के अवकाश की आवश्यकता की प्रामाणिकता' विषयक बुधवार को कैटेगोरी 'मिथ' एक होटल में परिचर्चा आयोजित की गयी। जिसमें मुख्य अतिथि के रूप में 2018 की मिस अर्ध श्वेता चौधरी रही।

कार्यक्रम की संयोजिका वृषी फाल्गेज की राजनीति विज्ञान विभाग की विभागाध्यक्ष डॉ. अलका आर गुप्ता और संचालिका दिसा फाउंडेशन की डायरेक्टर रंजना रही। अन्य प्रतिभागियों में शामिल रही डॉ. सरोज उपध्याय, डॉ. रजनी चौधरी, डॉ. रंजना सिंह, सहज योग प्रशिक्षिका चर्चा, विधि छात्रा अनुष्का, प्रवक्ता शशीता सिंह, प्रवक्ता कामिनी गुप्ता एवं अनेक महिलाएं विभिन्न क्षेत्रों से उपस्थित होकर उक्त विषय पर अपने विचार व्यक्त किए।

सभी महिलाओं ने माना कि पीरियड्स के दौरान महिलाओं को होने वाली शारीरिक एवं



मानसिक तनाव को सभी को समझना चाहिए और कार्यक्रम पर उनको सुविधापूर्ण कार्यावरण उपलब्ध कराना चाहिए।

मैटर्निटी एवं चाहलड केयर लीव की पीरियड्स लीव पर भी सकारात्मक सोच विकसित करनी होगी क्योंकि इसी साल लोकसभा में एक प्राइवेट बिल में पीरियड्स लीव पॉलिसी की मांग रखी गई है, जिसे अस्सामाचल प्रदेश के कांग्रेस के

एम्पी ने प्रस्तुत किया है जो सभी वर्ग के प्रति संवेदनशीलता को दिखाता है। हालांकि इस अवकाश को रखी की जरूरत व इच्छा के आलोक में ही देखा जाना चाहिए ना कि अधिकार के दबाव की तरह। डॉ. अलका ने यूमेन ह्यूमन लीव शब्द का प्रस्ताव रखा और ऐसे कार्यक्रम को जनसुकरता बढ़ाने के क्षेत्र में महत्वपूर्ण कदम बताया। अध्यक्षता रंजना ने किया।



## **WORKSHOP**

Under the supervision of Dr. Bhavana Trivedi, Associate Professor, Department of Political Science the students organized a workshop titled “**The Challenges of Indian Political System Today**” on 10/02/18. All the UG and PG students of the Department were present in this event.



## **WORLD SUICIDE PREVENTION DAY**

On the occasion of **World Suicide Prevention Day**, the Department of Psychology organized a Poster Making and Speech competition from 9-10 Sept. 2017. B.A. I semester students participated in this competition and M.A. students participated in Poster Making competition. Skit was also performed by the students of B.A. V semester on this occasion.





## **SKIT PERFORMANCE**

The Department of Psychology celebrated “Freud and his contribution in Psychology” on 29<sup>th</sup> Sept., 2017 in college hall. Students of M.A. I & M.A. III semester, presented a skit on Psychoanalytic and Therapeutic Approaches. Movie Dissemination was also presented by the students on various psychological issues.



## **ORIENTATION LECTURE**

A Skit was played on **Psychoanalytic and Therapeutic Approaches**. An orientation lecture was delivered by Dr. Sandeep Kumar, Associate Professor, Department of Psychology, B.H.U. on the topic “OD & Change”. M.A III semester students attended the lecture on 07<sup>th</sup> Oct. 2017.



## **EDUCATIONAL VISIT**

The Department of Psychology organized an Educational visit to Kiran Society, Rehabilitation Centre at Madhopur, Varanasi on 10/11/2017 in which 22 students participated. Kiran society is a rehabilitation center for physically challenged students and M.A. students were exposed with the way the rehabilitation was given to physically challenged students.



## **LECTURE**

The Department of Psychology organized a lecture on 31<sup>st</sup> Oct. 2017 by Prof. R.N. Singh, Professor, Department of Psychology, B.H.U. on the topic “Mental Imagery Techniques”. The lecture was delivered by Prof. R. N. Singh & students were given information on how the imagery techniques work and measurement is done. The lecture was organized by Dr. Bithika Agrawal.



## **LECTURE**

The Department of Psychology organized a lecture on “Models and Approaches to health Behavior Change” by Dr. Purnima Awasthi, Associate Professor, Department of Psychology, B.H.U. The lecture was organized by Dr. Shatrupa Chatopadhyay on 01<sup>st</sup> Nov. 2017.





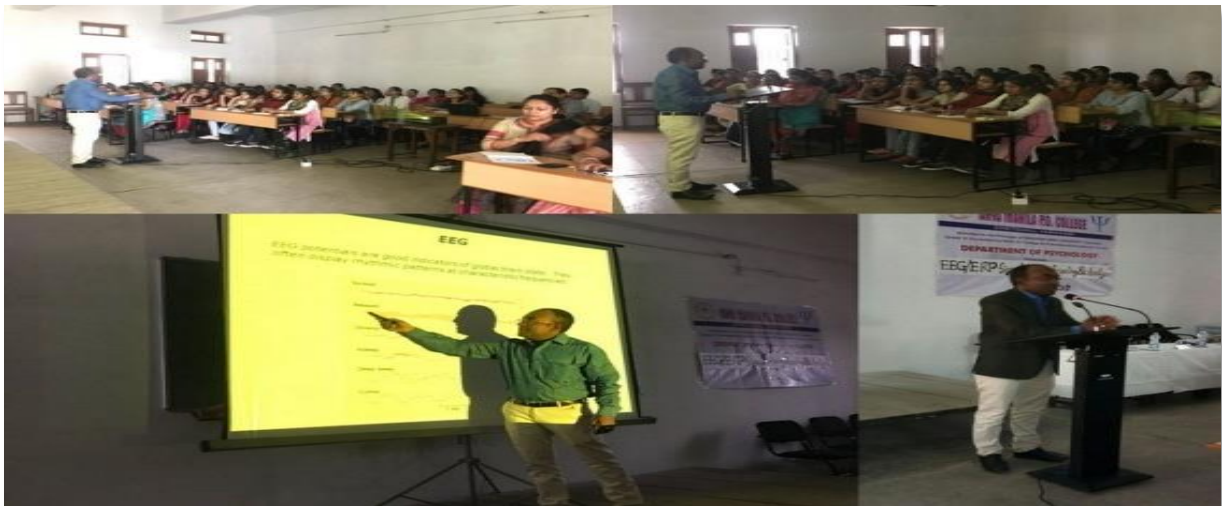
## **LECTURE**

The Department of Psychology organized a lecture by Dr. Urmila Rani Srivastava, Associate Professor, Department of Psychology, B.H.U. on the topic “Cross-Cultural Issues in Research: Test Equivalence, Measurement and Biases” For M.A II semester students on 05<sup>th</sup> Feb, 2018.



## **WORKSHOP**

The department of Psychology organized a one-day National Workshop on “EEG/ERP Signal-Methodology, Recording and Analysis” on 24<sup>th</sup> Feb. 2018. Resource person for the programme was Dr. Prashanto Sinha, Assistant Prof. Forensic Psychology & Neuropsychology, Institute of Behavioral Science, Gujarat Forensics Sciences University, Gandhi Nagar, Gujarat.



## **LECTURE**

The Department of Psychology organized a lecture on the topic “Adaptation and Validation of Psychological Test in Cross-Cultural Research” by Dr. Urmila Rani Srivastava, Associate Professor, Department of Psychology, B.H.U. for M.A II semester students. The lecture was organized by Dr. Garima Gupta on 17<sup>th</sup> Mar. 2018.



## **LECTURE SERIES**

The Department of Psychology organized various lectures on Psychology by Dr. Purnima Awasthi, Associate Professor, Department of Psychology, B.H.U. on the topic “Historical Development, theoretical perspectives on Positive Psychology. Happiness, Character Strength & Virtues, Assessment & Nurturance, barriers in developing strengths & virtues” For M.A IV semester students on 05<sup>th</sup> Apr. 2018.

The Department of Psychology organized a lecture by Dr. Purnima Awasthi, Associate Professor, Department of Psychology, B.H.U. on “Theoretical frameworks of positive Psychology, classification of character strengths & virtues, strategies to enhance happiness, self-determination continuum, Meta

motivational state & Reversal Theory” for M.A IV semester students on 06<sup>th</sup> Apr. 2018.



### **LECTURE SERIES**

The Department of Psychology organized a lecture by Prof. R. N. Singh, Department of Psychology, B.H.U. on “Stress Coping Strategies in meeting life changes”. M.A IV semester students attended the lecture on 07<sup>th</sup> Apr. 2018.

The Department of Psychology organized a lecture by Dr. Tushar Singh, Assistant Professor, Department of Psychology, B.H.U. on topic “Post-hoc comparison”. M.A II semester students attended lecture on 09<sup>th</sup> Apr. 2018

The Department of Psychology organized a lecture on the topic “Data Screening and Interpretation” on 10<sup>th</sup> Apr, 2018. It was delivered by Dr. Tushar Singh, Assistant Professor, Department of Psychology, B.H.U. M.A II semester students were present.



## **WORLD AIDS DAY**

The Department of Psychology organized Extension activities as Nukkad Natak on the occasion of World AIDS Day on 01/12/2017 at Lahurabeer in which 35 students participated.



## **EDUCATIONAL TOUR**

The Department of Sanskrit participated in Vaidic Shrauta Yagya on Mitravinda-Eshti (Vaidic Shrauta Yagya), Sahbhagita, jnanapravaha (Sanskritik adhyayan Evam Shodha Kendra) Varanasi at Jnana Pravah, Varanasi on 15/02/2018 in which 18 students participated





### **PATHYACHARYA KARYAKRAM**

The Department of Sanskrit organized a 'Pathyacharya Karyakram' at Arya Mahila P.G.College on 22/08/2017. More than 145 students participated in this event.



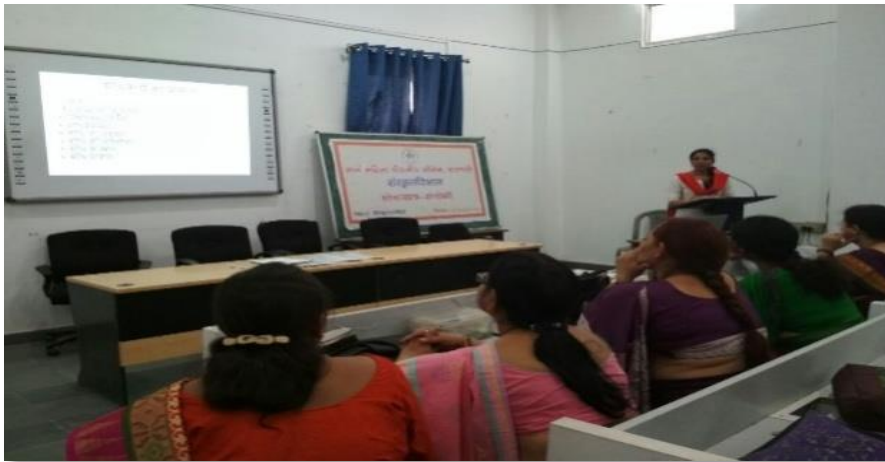
### **ASHTADHYAYI SOOTRANTYAKSHRI, SHLOKANTYAKSHRI, STOTRAGAAN COMPETITION**

The Department of Sanskrit organized competitions on (i) Ashtadhyayi Sootrantyakshri (ii)Shlokantyakshri (iii)Stotragaan at Arya Mahila P.G.College on 16/04/2018. More than 79 students participated in this competition.



### **“SHODHA CHATRA SANGOSHTHI”**

The Department of Sanskrit organized “Shodha chatra Sangoshthi” twice in the campus of College on 30<sup>th</sup> Jan 2018 and on 16<sup>th</sup> April 2018 in which 79 students participated. Research scholars PriyaSahu delivered a lecture on the topic “RigVed Sanhita Upanishad Dyatmajyotsnavivriti Ka Samik shatmak Adhyayan” and Anamika Tiwari spoke on “Mook Kavi Krit Panchashati Ka Darshnik evam Sahityik Anusheelan”

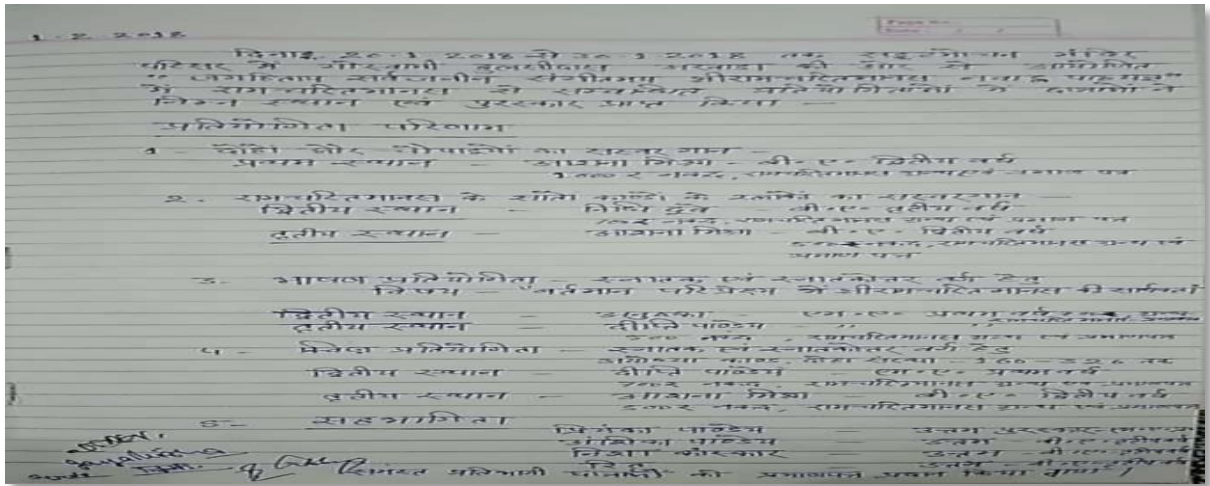


### **SHRI RAMCHARIT MANAS PRTIYOGITA**

Goswami Tulsidas Akhada organized “Ramcharit aNavaha Path” From 20<sup>th</sup> Jan 2018 to 30<sup>th</sup> Jan 2018, at Sankat Mochan Mandir in which seven students of



Sanskrit Department participated in Shri Ramcharit Manas Pratiyogita on Doha, Chaupaiyon ka sasvargaan, Saton Khand on ke shlok kasasvargaan, Bhashan Pratiyogita, Prashnottari Pratiyogita. Students were awarded First, second third prize of Rs. 1000/-, Rs. 700/- &Rs. 500/- respectively along with certificates.



## WORKSHOP

On 30<sup>th</sup> Mar 2018, the Staff Enrichment & Empowerment Committee along with Dept. of Sanskrit organized a workshop on “Indian Higher Education System: Issues and Challenges”. Main speaker was Prof. A.K. Sharma, Ex-Director, NCERT.





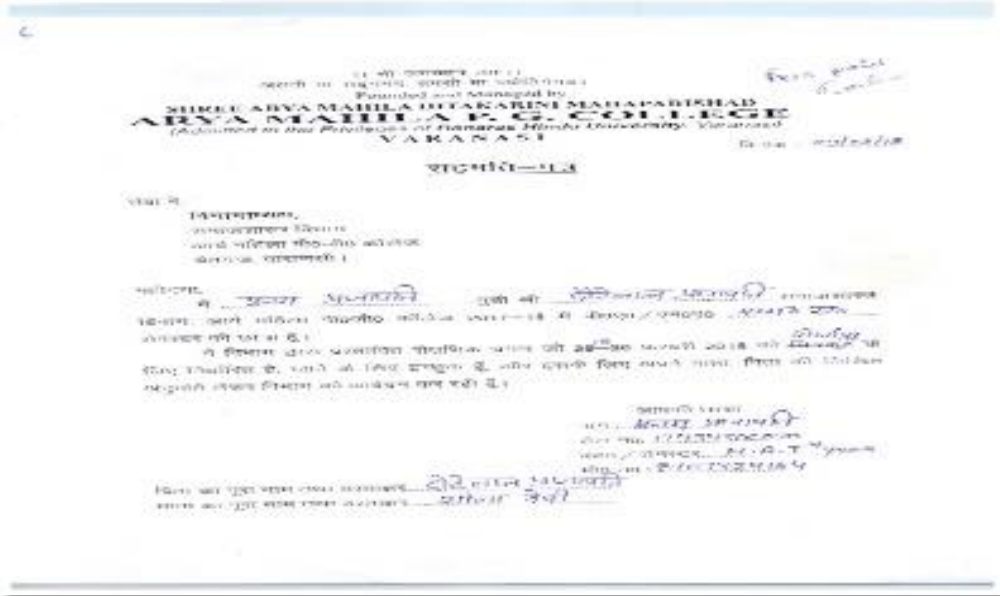
### **LECTURE**

On 25<sup>th</sup> Apr. 2018, a lecture was organized on “Bhartiya Shastro me Adhyatm aevam Darshan”. The main speaker was Prof. Sudhakar Mishra, SSV. Dr. Mamta Gupta, Asst. Prof., Dept. of Philosophy also delivered a lecture.



## **EDUCATIONAL TOUR**

The Department of Sociology organized an educational tour to Mirzapur, UP on 2<sup>nd</sup> September 2018, in which 54 students participated.



## **INDUSTRIAL VISIT**

The Department of Sociology organized an Industrial Visit to Amar Ujala Press, Varanasi on 1<sup>st</sup> Sept. 2017 in which 74 students participated.





## **AWARENESS PROGRAMME ON HEALTH AND HYGIENE**

The Department of Sociology organized an awareness programme related to sanitation health and hygiene at Arya Mahila PG College on 22<sup>nd</sup> August 2017 in which 200 students participated.



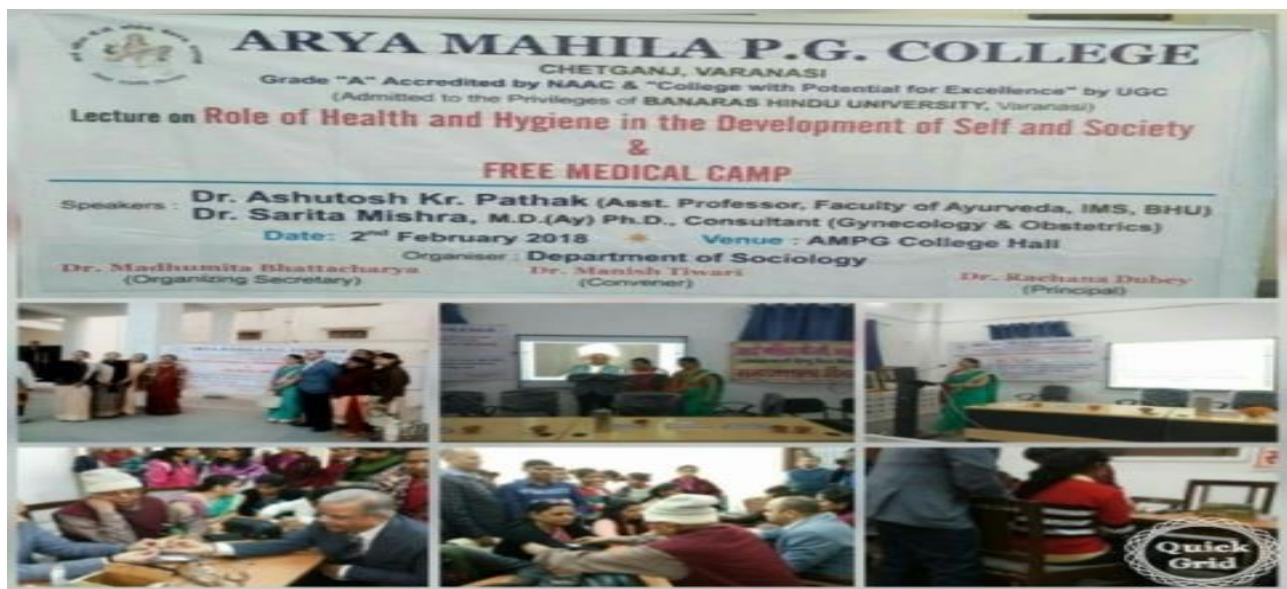
## **SWACHHTA PAKHWARA**

The Department of Sociology organized “Swachhata Pakhwada” on Environmental Sustainability at Arya Mahila P.G. College from 01/09/2017 to 15/09/2017 in which 285 students participated.



## LECTURE

The Department of Sociology organized a lecture on “Role of the Health and Hygiene” and Medical Camp at Arya Mahila PG College on 15/02/2018 in which 125 students participated.



## LECTURE

The Department of Sociology organized a lecture on “Life Sketch of Great Maharani Laxmi Bai and Women Empowerment” at Arya Mahila PG College on 15/02/2018 in which 68 students participated.





## **ALUMNAE MEET**

Alumnae-Meet was organized on 13<sup>th</sup> April 2018 in which Alumnae placed in various sectors were invited and felicitated. Alumnae Association of AMPGC donated water cooler and mike to college. Approx. 400 students participated in this event. The Chief Guest of Event was Prof. Pratima Srivastava, Principal, VKM School.





## TEJASWINI HEALTH CAMP

A One-day Health camp was jointly organized by Home Science Department, Health and Hygiene Committee and Tejaswini (Women cell) on 20<sup>th</sup> Feb 2018. More than 159 Students were benefited.



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### शिविर में हुई छात्राओं के स्वास्थ्य की जांच

वाराणसी। तेजस्विनी महिला अध्ययन एवं विकास प्रकोष्ठ, हेल्थ साइजनी



कमिटी, गृह विज्ञान विभाग, आर्य महिला पीजी कॉलेज द्वारा एक स्वास्थ्य शिविर का आयोजन किया गया। जिसमें 315 छात्राओं, समस्त शिक्षण एवं शिक्षणोत्तर कर्मचारियों के रक्त शर्करा, हिमोग्लोबिन, वोन मिनिरल डेन्सिटी, ब्लड प्रेशर, वॉडी मास इन्डेक्स तथा नियमित जांच की गयी। इस शिविर में छात्राओं को विभिन्न वीमारियों से बचाव और उनकी रोकथाम के बारे में बताया गया। शिविर का शुभारम्भ प्राचार्या प्रो. रजना दूवे, डॉ. शशिकांत दीक्षित, डॉ. अनुपमा गोयल, डॉ. प्रिंस ने दीप प्रज्ज्वलन के साथ किया। कार्यक्रम को सफल बनाने में डॉ. मंजू मेहरोत्रा, डॉ. ऋचा मिश्रा, डॉ. दीपिका बरनवाल व गृह विज्ञान विभाग के समस्त कर्मचारियों का योगदान रहा।

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### छात्राओं ने कराया स्वास्थ्य परीक्षण

वाराणसी। आर्य महिला पीजी कॉलेज में मंगलवार को गृह विज्ञान तेजस्विनी (महिला अध्ययन एवं विकास प्रकोष्ठ), हेल्थ एंड हाइ कमेटी की ओर से स्वास्थ्य शिविर का आयोजन किया गया। पॉपुल हास्पिटल के सहयोग से लगे शिविर में 315 लोगों की जांच का शुभारंभ प्राचार्य प्रो. रचना दुवे, प्रबंधक डॉ. शशिकांत दीक्षित, अनुपमा गोयल, डॉ. प्रिंस ने किया। कार्यक्रम का संयोजन डॉ. मंजू मेहरोत्रा, डॉ. ऋचा मिश्रा और डॉ. दीपिका बरनवाल ने किया।

## **SPIC MACAY**

Spic Macy AMPGC Chapter organized a Musical programme on Sufi Kabir Baani by Padamshri Dr. G.D.C. Bharti on 28/07/2017.



## **SPIC MACAY**

Spic Macay AMPGC Chapter organized a Musical programme on 16/02/2018 in which Jyanti Kumresh Played Raga on Saraswateveena.



# TEACHER'S DAY CELEBRATION

All the Departments of the college celebrated Birth Anniversary of Dr. Sarwapalli Radhakrishnan as Teacher's Day on 5<sup>th</sup> September.

## GREEN CELL

A Two Day National Seminar on "Environmental Issues in India: Issues and Challenges" was jointly organized by Green Cell, AMPGC and Rotract Club, Varanasi from 27<sup>th</sup> to 28<sup>th</sup> March 2018 with two events- Poster Exhibition ,Speech Competition and student seminar.







## **PARENT TEACHERS MEETING**

Parent Teachers Meeting is organized by every department in even semesters. Students are advised to come with their parents or guardians. Problems related to their academic activities, personal problems are discussed with parents. And suggestions from parents are also invited for the development of college or departments.

## **STUDENT COUNCIL ELECTION**

**Student Council - 2017-18**

- महाविद्यालय में दिनांक 05.10.2017 को छात्र-परिषद् का चुनाव सम्पन्न हुआ। जिसमें छात्राओं द्वारा परिषद् के निम्न पदाधिकारियों का चयन किया गया।

	<b>Saumya Kashyap</b> Post : College Representative, FR Arts Class : M.A. (English, 2 <sup>nd</sup> Yrs)
	<b>Ankita Shukla</b> Post : College Secretary Class : M.A. (Eco., 2 <sup>nd</sup> Yrs)
	<b>Aanshiki</b> Post : Sec. Student Welfare Class : B.A. (Inst., 3 <sup>rd</sup> Yrs)
	<b>Shivangi Sharin</b> Post : Sec. Hostel Develop. Class : B.A. (Eco., 1 <sup>st</sup> Yr)



## **FRESHER AND FAREWELL**

Fresher or Farewell party in any college is the event which every student eagerly awaits. Students of Arts, Social Science, B.Com. & B.Ed. organize Fresher and Farewell Party every year for their juniors and seniors respectively in the college campus.

## **INTERNATIONAL YOGA DAY**

International Yoga Day was celebrated in A.M.P.G.C. by the teaching and non-teaching staff of the college and members of Arya Mahila Hitkarani Mahaparisad with full enthusiasm. All the people performed sitting and standing Aasans and importance of these Aasans were explained simultaneously.



## **NATIONAL SPORTS DAY**

On the occasion of National Sports Day, Seven a side Inter-Departmental Cricket match was organized by sports committee from 29<sup>th</sup> to 30<sup>th</sup> August 2017. Teaching and non-teaching staff also participated in the tournament.



Seven a Side Inter Department Cricket.  
(29/08/2017 to 30/08/2017)



An Inter-Class Tug-of-war tournament was organized by sports committee on 20<sup>th</sup> September 2017.



**Inter Class Tug-of-war Tournament. (20/09/2017)**

An Inter-Departmental Badminton tournament was organized by Sports Committee from 12<sup>th</sup> to 13<sup>th</sup> October 2017 in which students participated with full enthusiasm.



**Inter Department Badminton Tournament.  
(12/10/2017 to 13/10/2017)**

An Inter-Departmental Kabaddi Tournament was organized by sports committee from 30<sup>th</sup> January to 1<sup>st</sup> February 2018 in the college campus.



Inter Department Kabaddi Tournament.  
(30, Jan-2018 to 01, Feb-2018)

### **COLLEGE TOUR**

Arya Mahila P.G. College went to college tour to Jodhpur, Udaipur, Haldighati and Shreenath Ji from 23<sup>rd</sup> to 29<sup>th</sup> January 2018. 95 students participated in this tour.





## **WORLD ENVIRONMENT DAY**

Green Cell, AMPGC celebrated World Environment Day on 5<sup>th</sup> June 2018 by distributing Plants among the staff. One big hoarding was also fixed at college gate on that day.



## **TWO DAY WORKSHOP**

Two day workshop on “Personality Development and Inner Awareness” was jointly organized by Arya Mahila P.G. College and Shri Aurobindo Society, Varanasi Centre from 26<sup>th</sup> to 27<sup>th</sup> August 2017 for first and third semester students at AMPGC. More than 61 students participated in this workshop.





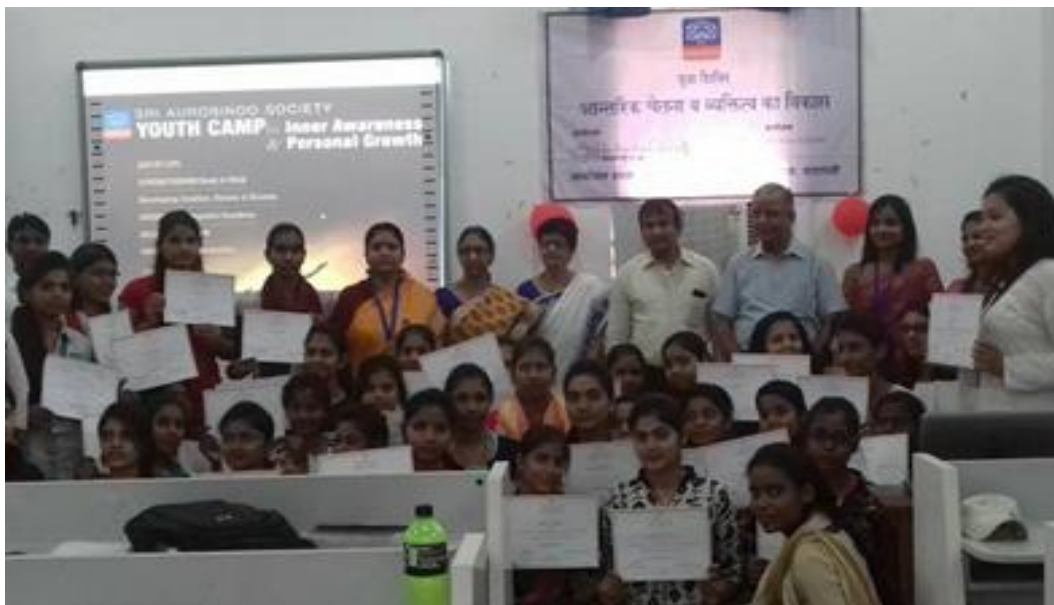
## **ONE DAY YOUTH CAMP**

On 25<sup>th</sup> March 2018, one-day Youth Camp “Personality Development and Inner Awareness” was organized by Shri Aurobindo Society, Varanasi Centre at Sundar Bagiya, B.H.U. more than 51 students participated in the Camp.



## **ONE DAY WORKSHOP**

A One Day Workshop on “Personality Development and Inner Awareness” was organized by Shri Aurobindo Society on 15<sup>th</sup> April 2018 at AMPGC. 40 students participated in the workshop.



## **NATIONAL WORKSHOP ON DATA ANALYSIS WITH SPSS AND R**

A Seven Day National workshop on “Data Analysis with SPSS and R” was organized by Arya Mahila P.G. College from 6<sup>th</sup> November to 12<sup>th</sup> November 2017.

## **SWACHHHA BHARAT SUMMER INTERNSHIP**

Under Swachh Bharat Summer Internship, Green Cell, AMPGC planted 100 saplings in Bhullanpur Village with the help of students.



## **INTERNATIONAL WORKSHOP ORGANIZED BY JAGRITI**

A Two Day International Workshop on “Treatment & Management of Psychological Trauma: EMDR & other Techniques” was organized by Jagriti cell, AMPGC from 9<sup>th</sup> to 10<sup>th</sup> October 2017 in AMPGC. In this event, Keynote Speaker was Dr. Sheila Bachman, EMDR Practitioner, Zurich, Switzerland.



*International Workshop on "Treatment & Management of Psychological Trauma: EMDR and Other Techniques" on 9<sup>th</sup> -10<sup>th</sup> October, 2017*



## **NATIONAL WORKSHOP ORGANIZED BY JAGRITI**

Jagriti Cell, AMPGC organized four day National intensive workshop on "Neuro-Linguistic Programming" from 5<sup>th</sup> to 8<sup>th</sup> March 2018 in AMPGC.



*Four Day National Intensive Workshop on Neuro-Linguistic Programming on 5-8<sup>th</sup> March, 2018*



## **2ND SHRIMATI VIDYA DEVI MEMORIAL OPEN WOMEN BASKETBALL TOURNAMENT**

Two Days "2<sup>nd</sup> Shrimati Vidya Devi Memorial Open Women Basketball Tournament" was organized by the college from 22<sup>nd</sup> to 23 February, 2018. Total six team from U.P. College, BHU, MGKVP, Arya Mahila P.G. College, VCW and Agrasen Kanya P.G. College participated in this tournament. Dr.



Awdhesh Singh, MLA, Pindra, Varanasi was the chief guest for the inaugural session and Prof. B.C. Kapri, General Secretary, University Sports Board BHU was chief guest for valedictory session. Final match was played between MGKVP and U.P. College. U.P. College was won the tournament.



## **ONE WEEK CAPACITY BUILDING WORKSHOP**

The Department of Sociology and IQAC Cell, AMPGC jointly organized “One Week Workshop for Teaching Faculty” from 12<sup>th</sup> to 18<sup>th</sup> March 2018.



## **QUALITY ASSURANCE IN HIGHER EDUCATION WITH SPECIAL REFERENCE TO NEW METHODOLOGY OF NAAC ASSESSMENT**

A two day National Workshop was organized by SEEC and IQAC in the college on 23rd and 24th April 2018 on the topic “Quality Assurance in Higher Education with special reference to New Methodology of NAAC Assessment”. Prof. John Jacob Kattakayam from Kerela University, Prof. K.S. Jaiswal and Dr. Sandeep Giri from M.G.K.V.P. Varanasi and Dr. Rakesh Raman from BHU were the learned speakers in the Workshop. Several aspects of the topic were elaborated and new technique for preparation of NAAC was advised by the speakers.



**NSS**  
**AWARENESS RALLY AND CLEANLINESS PROGRAM**  
**28-09-2017**

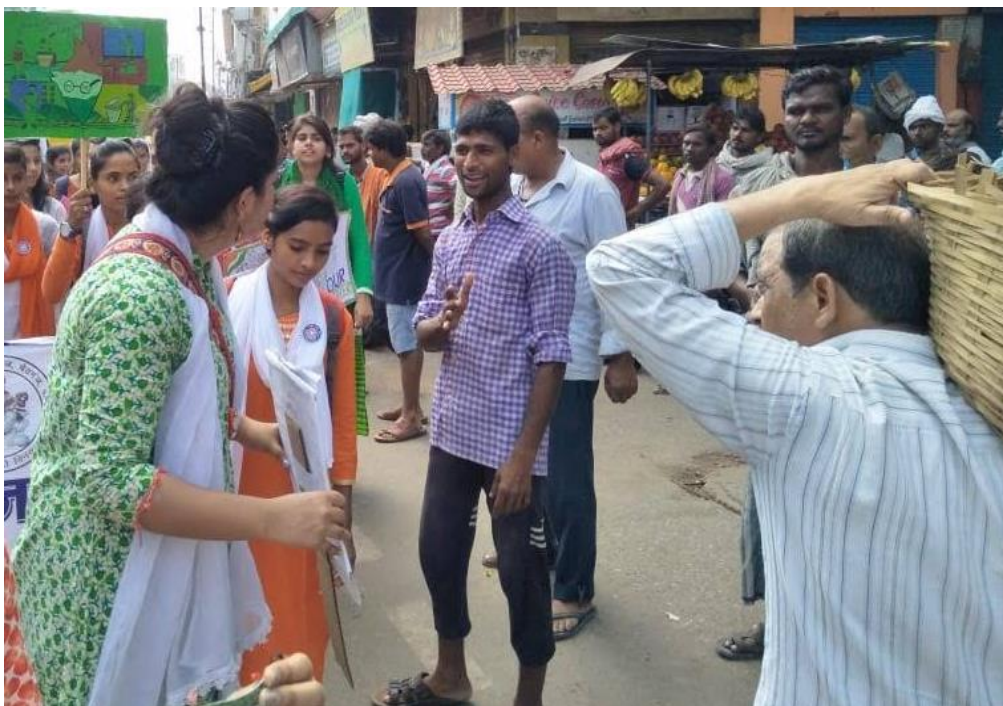
“ Swachh home  
Swachh Street  
Swachh road  
Swachhschool  
Swachh city

“Swachh Bharat Abhiyan” is a nationwide cleanliness campaign run by the government of India and initiated by PM Narendra Modi on 2nd oct 2014 on the 145 th birth anniversary of Mahatma Gandhi. As the campaign has been launched to fulfill the aim of cleanliness all over India. The Swachh Bharat is the biggest cleanliness drive of India during the launch of which around 3million government employees and students from school and colleges participated.

PM Modi requested the common pool to involve in the drive and in order to fulfill this initiative a small step from our NSS UNIT D, AMPG College was taken today. Our unit organised a rally spreading awareness about to be clean. The theme was “SWACHHTA HI SEVA HAI” . We emphasized on the need of cleanliness and how it is a service for the society. The volunteers along us shouted out slogans like “Swachh Bharat Banana Hai”. In between this, we also talked to the common telling people about the importance of this. My volunteers personally communicated to the people like shopkeepers, vendors , richshaw pullers. Along with this we were glad to have been aided by the Chetganj Thana police who took out their time for this cause. I have personally believed that rallies used to have much impact on the society. In all, it was a small step



towards realising the dream of “Swachh Bharat” and I believe that each person has to inculcate the habit of cleaning to realize the dream in real sense.



## **SELF DEFENCE TRAINING**

**30-03-2018**

NSS UNIT-D of AMPGC organised its fourth day of seven days special camp as per the schedule of seven days camp. Today's camp programme was also divided into two sessions.

\* 1st Session:

Swacchta Abhiyan, General Knowledge Competition and Self Defence training.

\* 2nd Session:

Workshop & Questionnaire Session on "Competitive Examinations: challenges and solution"

In the first session NSS volunteers started the day with cleaning the park premises. After that Shreya Tiwari & Ruchi Mishra (self-defence trainee) taught the other volunteers some tricks and some interesting techniques and facts.

In the Second session our Chief Guest Dr.Sunil Mishra, Prabandhak Nideshak, Uddeshya IAS academy was welcomed by our programme officer Dr. Swati S. Mishra. Then the workshop was started in which main emphasis was laid on three points:

1. Worshipper
2. Administrator
3. Teacher

He laid emphasis on that without these three elements a goal cannot be achieved. And said that in this NSS UNIT-D all the three elements: Worshipper, Administrator and Teacher are present.

In this seminar Dr. Sunil Mishra told us some basic things that is associated with Competitive Exams:

1. Fear
2. Focus
3. Faith

He said "these three "F's" played an important role in the life of a student facing any competitive exams. He said that these exams tell us about our mistakes and to find a solution to them. And he said that a person becomes not successful when thinks I'll of themselves i.e. whether I would be able to do it or I am unlucky etc. He said if these things are rooted out from our mind then we're on the right track. The day ended with the national anthem and confidence on the faces of the volunteers.

TOTAL NO.OF STUDENTS:50

TOTAL NO.OF TEACHER:01

### **BIRD FEEDER COMPETITION**

**31-03-2018**

NSS unit D of AMPG College Chetganj Varanasi celebrated their fifth day of special seven days camp with complete devotion and positive energy. The schedule for today was divided into two halves .the first half was dedicated towards self-defence training and the second half included various activities such as speech competition, bird feeder making competition, wall painting competition for the beautification of the garden. The chief guests of today were Anjali Agarwal ,the founder of Smile Muniya, Mithae Lal ji, an expert of painting .they were welcomed by programme officer Dr. swati s Mishra.



In this series first the volunteers were trained in self-defence activities, the volunteers practised many a tricks and techniques with the trainer .after that speech competition was organised on the topic 'women and environment'. Our chief guests introduced us with the various facets of women and environment, women and painting. MithaeLal he said that since ancient times women and painting are connected to each other. Women loved painting and they find it easy of expressing their day to day feelings. Our chief guests announced the winners of speech competition, bird feeder making and wall painting and also distributed medals among the volunteers. The day ended with all positive energy.

TOTAL NO.OF STUDENTS: 50

TOTAL NO.OF TEACHER: 01



प्रसिद्ध चित्रकार  
मिथाई लाल  
द्वारा 'स्वयंसेविकाओं'  
को 'स्वयंसेविकाओं'  
को 'स्वयंसेविकाओं'  
पर व्याख्यान  
प्रस्तुत करें  
हुए।



मुख्य अतिथि श्रीमति अंजली अश्वाल द्वारा पोस्टर प्रतियोगिता में विजयी छात्राओं को पुरस्कार करने हुए।

पोस्टर



स्वयंसेविकाओं  
द्वारा  
जगह जगह  
जगह फाईल



अतिथि द्वारा  
स्वयंसेविकाओं  
को मेडल  
पेश करने हुए।

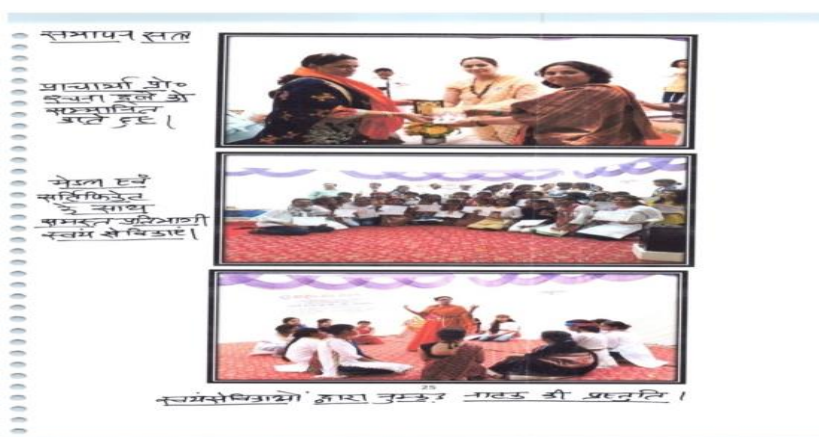


NSS unit D of Arya mahila p.g college organised their sixth day of seven days special camp with full energy and positivity. the day today was meant for the distribution of dals and certificates of all the competitions organised for the last five days.

The chief guest of today was Dr. Shashikant dixit manager ampg collge, Dr. Rachna Dubey principal ampg college, Ashok Chaurasia, uttamojha, profp. k. sharma ( bhu ,convenor of NSS bhu) ,Dr Sunil Mishra, Govinda Sharma, shardu lchaubey, The day begun by worshipping maaSaraswati and the welcome speech of dr.swati s mishra program officer. melodious songs were presented by zahira and Ena Rai Chaudhary. after this our chief guest came and gave strong speeches which energised the volunteers with power of doing something for the society. they focussed that the youth is the main driving power for the development of any nation .therefore the youth must be educated, wise, powerful .The cultural team presented ghumardance, Dandiya .A special Nukkad Natak was presented by the volunteers awaiting people about menstruation and its effects. the day spent really good with the best of volunteers positivity. the volunteers were distributed prizes by our chief guest .

TOTAL NO.OF STUDENTS: 50

TOTAL NO.OF TEACHER: 01





आर्य महिला पी. जी. कॉलेज, चेतगंज, वाराणसी द्वारा संचालित राष्ट्रीय सेवा योजना की इकाई- 'ई' कार्यक्रम अधिकारी डॉ० वन्दना चौबे द्वारा सात दिवसीय विशेष शिविर दिनांक २७ मार्च से ०२ अप्रैल २०१८ को सुनियोजित ढंग से आयोजित किया गया।

#### शिविर का प्रथम दिन:- उद्घाटन समारोह- २७.०३.२०१८

दिनांक २७.०३.२०१८ को शिविर के प्रथम दिन को पंजीकरण और उद्घाटन सत्र के रूप में आयोजित किया गया। प्रथम शिविर के नियत स्थान डुमराँव बाग पार्क, अस्सी, वाराणसी में स्वयंसेविकाएँ लगभग प्रातः ६.०० बजे पहुँचकर सर्वप्रथम पार्क की सफाई का काम करने में जुट गईं। स्वच्छता, जागरूकता और स्त्री प्रश्न इस शिविर की मूल धारणा थी अतः तय हुआ कि भिन्न-भिन्न टोलियाँ प्रतिदिन सर्वप्रथम पार्क में झाड़ू लगाना, पानी का छिड़काव और अन्य स्वच्छता सम्बन्धी कार्यों का निष्पादन करेंगी साथ ही प्रतिदिन छे गान के साथ दिन का आरम्भ करेंगी।

#### दूसरा दिन:- २८.०३.२०१८

शिविर के दूसरे दिन को हमने स्त्री सशक्तिकरण और उनकी आत्मनिर्भरता और संघर्ष को ध्यान में रखकर आयोजन किया। यह ध्यान रखा गया कि समूह की छात्राएँ अधिकांशतः आत्मनिर्भर बनने की इच्छुक थीं तथा विभिन्न प्रतियोगी परीक्षाओं में शामिल हो रहीं थीं अतः शिविर के दूसरे दिन पार्क की स्वच्छता और सफाई के पश्चात् एक विशेष प्रशिक्षण और व्यक्तित्व निर्माण कार्यशाला का आयोजन किया गया।

दिन के प्रथम सत्र में एकजुट होकर छात्राओं ने पार्क को बहतरनीय और स्वच्छ किया। पश्चात् भिन्न-भिन्न टोलियाँ बनाकर पार्क में लगे विभिन्न वृक्षों पर सफेद रंग और टेराकोटा रंग से रंगाई की। अनेक स्वयंसेविकाओं ने जो चित्रकला और हस्तलेख में सिद्धहस्त चुनी गयी थीं उन्होंने पार्क की चहारदीवारी पर जागरूकता सम्बन्धी चित्रकारी/पेन्टींग और सन्देश उकेरे। राष्ट्रीय सेवा योजना में प्रारम्भ से ही हमने स्वच्छता, जागरूकता के अन्तर्गत पर्यावरण जागरूकता पर विशेष ध्यान केन्द्रित किया।

#### तीसरा दिन:- २९.०३.२०१८

शिविर के तीसरे दिन प्रतिदिन की ही तरह निर्धारित समय पर पार्क की सफाई के बाद स्वयंसेविकाओं ने छे गान से दिन का प्रारम्भ किया। तीसरे दिन के प्रथम सत्र में सामाजिक संस्थान स्मक समूह के अतिथि आमंत्रित थे जिनमें श्री मंजीत, श्री अजय, सुश्री शुक्ला, सुश्री ज्योति तथा सुरभि आदि ने छात्राओं को अनेक सामाजिक परियोजनाओं से जुड़ने के लिए



प्रेरित किया। वस्तुतः स्त्रियों के ये सदस्य काशी हिन्दू विश्वविद्यालय के विभिन्न संकायों के विद्यार्थी थे। दिन के दूसरे सत्र में पूर्णोदय महिला महाविद्यालय (सम्बद्ध महात्मा गांधी काशी विद्यापीठ) की प्रवक्ता डॉ० शिवानी गुप्ता का व्याख्यान और परिचर्चा का आयोजन हुआ। चूंकि शिविर का कूल भाव स्त्री सशक्तिकरण से जुड़ा था अतः यह व्याख्यान स्त्री जीवन की मूलभूत समस्याओं से जुड़ा हुआ था जैसे शिक्षा, स्वास्थ्य एवं सुरक्षा। तमाम सवैधानिक अधिकारों के बावजूद, जमाने से कदमताल के बावजूद शारीरिक और मानसिक स्वास्थ्य सर्वेक्षण में स्त्रियाँ बहुत पीछे हैं।

#### चौथा दिन:- ३०.०३.२०१८

शिविर के चौथे दिने प्रतिदिन की भाँति साफ-साफई और स्वच्छता के पश्चात स्वयंसेविकाओं ने आत्मरक्षा प्रशिक्षण के गुरु सीखे। इससे ठीक पहले स्वयंसेविकाओं ने पार्क के आस-पास की कॉलोनी और घरों में जाकर लोगों को अनेक सामाजिक मुद्दों पर जागृत किया। उन्हें अनेक जानकारियों दीं। शिविर का चौथा दिन अनेक कार्यक्रमों से भरा-पूरा दिन रहा। आत्मप्रशिक्षण के लिए सुश्री रिचा पराशर जो इससे पहले वर्ष में स्वयं राष्ट्रीय सेवा योजना से सम्बद्ध रहीं हैं और एक स्वयंसेविकाओं के रूप में रिचा की छवि शिविर में हमेशा सक्रिय कार्यकर्ता रही है। उन्होंने कतारबद्ध छात्राओं को आत्मरक्षा प्रशिक्षण दिया। यह प्रशिक्षण भी स्त्री सशक्तिकरण के मूल भाव को ध्यान में रखकर किया गया।

चौथे दिन का दूसरा सत्र अत्यन्त महत्वपूर्ण सत्र रहा। सत्र की शीर्षक 'स्त्री तैयारी कैसे करें' विषय पर केन्द्रित था। यह एक प्रकार की कार्यशाला थी जिसके प्रारम्भ में छात्राओं को एक घण्टे के एक प्रश्नपत्र का उत्तर लिखना था। इस परीक्षा के लिए भी विभिन्न पुरस्कार निर्धारित थे, जो उद्देश्य एकेडमी द्वारा प्रदान किया जाने थे। प्रश्नपत्र के द्वारा छात्राओं का मूलभूत आकलन और मूल्यांकन के साथ एक प्रायोगिक व्याख्यान का आयोजन किया गया। कार्यक्रम में छात्राओं में 'Aim of Success' पत्रिका का वितरण किया गया जो विभिन्न प्रतियोगिताओं की तैयारी से सम्बन्धित थीं।

#### पाँचवा दिन- ३१.०३.२०१८

शिविर के पाँचवें दिन के प्रथम सत्र में नियमित रख-रखाव और स्वच्छता के बाद श्रीमती अंजलि अग्रवाल, प्रणेता 'उपसम इनदपं' संस्थान द्वारा विशिष्ट व्याख्यान दिया गया। हमारे शिविर का दूसरा मूल भाव पर्यावरण जागरूकता था अतः व्याख्यान पर्यावरण और पशु-पक्षी के प्रति जन-जागरण को संबोधित था। अपने संक्षिप्त और सरल वक्तव्य में श्रीमती अंजली अग्रवाल ने प्रदूषण, जल संरक्षण, रेन हार्वेस्टिंग व्यवस्था, वर्षा के जल का संरक्षण, जंगलों के कटाव और पशु-पक्षियों के प्रति हमारी गैर जिम्मेदारी पर क्रमबद्ध बातें बताईं। स्वयंसेविकाओं द्वारा निर्मित पक्षी प्याऊ में प्रथम, द्वितीय, तृतीय एवं सात्वना पुरस्कार हेतु उनकी संस्था 'उपसम इनदपं' द्वारा छात्राओं को प्रमाण पत्र वितरित किया गया।

#### छठवाँ दिन- ०१.०४.२०१८

शिविर के छठवें दिन शिविर के समापन समारोह के रूप में मनाया गया। समापन समारोह के लिए स्वयंसेविकाएं पहले से ही जागरूकता कार्यक्रम और सामाजिक, सांस्कृतिक कार्यक्रमों में जुटी हुई थीं। दिनांक ०१.०४.२०१८ रविवार को समापन समारोह में अतिथियों की सूची इस प्रकार रही:-

श्री अशोक चौरसीया, प्रबन्ध निदेशक, संकल्प ट्यूटोरियल

श्री उत्तम ओझा, राष्ट्रीय सलाहकार दिव्यांग जन आयोग, भारत सरकार।

प्रो रचना दूबे, प्राचार्या, आर्य महिला पी० जी० कॉलेज, श्री शार्दूल चौबे, रजिस्ट्रार, काशी हिन्दू विश्वविद्यालय, डॉ० शशिकान्त दीक्षित, प्रबंधक, आर्य महिला पी. जी. कॉलेज, श्री गोविन्द शर्मा, पार्षद, अस्सी, भदौनी, डॉ० पी. के. शर्मा, कार्यक्रम समन्वयक, राष्ट्रीय सेवा योजना, काशी हिन्दू विश्वविद्यालय।

सातवाँ दिन:-०२.०४.२०१८

शिविर के सातवें तथा अंतिम दिन दिनांक ०२.०४.२०१८ को अब तक के क्रिया कलापों और गतिविधियों का संक्षेपण और समीक्षा के रूप में सभी अपने-अपने कार्यों के साथ उपस्थित थे। एक नुकड्ड नाटक तथा एक रैली का आयोजन किया गया। बाद में एक रैली डुमराँव बाग पार्क से होती हुई अस्सी, भदैनी तथा विभिन्न घाटों से गुजरते हुए सम्पन्न की गई। रैली के लिए छात्राओं ने विभिन्न स्लोगन, नारे तथा पोस्टर तैयार किये थे जो विभिन्न सामाजिक मुद्दों से जुड़े थे। छात्राओं ने एक विशेष तैयारी भी कर रखी थी जिसमें उन्होंने आपस में कुछ धनराशि एकत्रित कर कुछ सूती गमछे खरीदे। रैली के दौरान जन-जागृति और नारे लगाते हुए बीच-बीच में उन्होंने उसे अनेक जरूरतमंद और असहाय जनों को वह गमछा पहनाते हुए रैली निकालते रहे।

## **COLLEGE TOUR**



Under Educational Tour students of B.A. III rd yr, M.A. 1st year and final year were taken to Jodhpur, Udaipur, Haldi Ghati and Sreenath ji in Rajasthan from 23rd to 31th Jan, 2018.

## **SCHOLARSHIPS**

Department of Music Inst. Received Fund of One lakh rupees from Shri Ravindra Huliyaalkar in the memory of his mother Late Smt. Rama Rangrappa Desai and mother in law late Smt. Padmawati Venkatesh Huliyaalkar by the interest of which every year Department

Provide Sitar to the economically weaker student for particular session.

In the year 2017, Dr Geeta Singh, Associate Professor, Deptt of Music (Inst), donated Rs 17,000/- as Thakur Rajbhan Singh Smriti Award for the highest scoring student of the deptt.

## **PUBLICATIONS**

### **Details of the College Publication of Journals & News Letters:**

1. **News Letter** : Training Department (B.Ed.) News letter
2. **Darpan**:College News letter
3. **Sarjana** : Annual Journal of the College (with ISBN Number)
4. **Creation** : Annual Research Journal of the College (with ISSN Number)
5. **Vimarsh**: Philosophy Journal

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